



# Scale of Alopecia Areata Distress (SAAD)

**A tool (e.g., scale) for assessing the psychosocial impact of Alopecia Areata/Totalis/Universalis on patients' lives.**

**IP Status:** Copyrighted

## Applications

- Assess the psychosocial benefits/impacts of emerging and existing treatments on patients' lives.
- Psychologists treating patients could likewise use the SAAD to assess where patients are most impacted, to subsequently direct treatment focus, and measure patient progress.

## Technology Overview

Researchers at University of Minnesota in collaboration with researchers at University of Wisconsin, Stout have developed SAAD. SAAD is a tool (e.g., scale) for assessing the psychosocial impact of Alopecia Areata/Totalis/Universalis on patients' lives developed at the University of Minnesota. The tool consists of a set of survey items. The original version consisted of 122 items; the revised version consists of 41 items. Unlike other existing scales, SAAD is focused only on psychosocial impacts and covers 7 domains of impacts demonstrated as important to patients, and thus is a longer assessment tool.

## Phase of Development

**TRL: 9 Questionnaire has been developed**

## Desired Partnerships

This technology is now available for:

- License
- Sponsored research
- Co-development

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## Researchers

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