# Scale of Alopecia Areata Distress (SAAD)

A tool (e.g., scale) for assessing the psychosocial impact of Alopecia Areata/Totalis/Universalis on patients' lifes.

Technology No. 2022-293

IP Status: Copyrighted

## **Applications**

- Assess the psychosocial benefits/impacts of emerging and existing treatments on patients' lives.
- Psychologists treating patients could likewlise use the SAAD to assess where patients are most impacted, to subsequently direct treatment focus, and measure patient progress.

## **Technology Overview**

Researchers at University of Minnesota in collaboration with researchers at University of Wisconsin, Stout have developed SAAD. SAAD is a tool (e.g., scale) for assessing the psychosocial impact of Alopecia Areata/Totalis/Universalis on patients' lifes developed at the University of Minnesota. The tool consists of a set of survey items. The original version consisted of 122 items; the revised version consists of 41 items. Unlike other existing scales, SAAD is focused only on psychosocial impacts and covers 7 domains of impacts demonstrated as important to patients, and thus is a longer assessment tool.

#### **Phase of Development**

TRL: 9 Questionnaire has been developed

# **Desired Partnerships**

This technology is now available for:

- License
- Sponsored research
- Co-development

Please contact our office to share your business' needs and learn more.

## Researchers

- Maria K. Hordinsky, MD Professor, Department of Dermatology
- <u>Kristina Gorbatenko-Roth</u>, Professor, Department of Psychology, University of Wisconsin, Stout

https://license.umn.edu/product/scale-of-alopecia-areata-distress-saad