Food and Nutrient Database for Application Development and Nutrition Research

Nutrition Coordinating Center Food Database

The Nutrition Coordinating Center (NCC) Food and Nutrient Database is a premier database relied on heavily by the scientific community and app developers. It is comprehensive, with close to 20,000 foods including 8,000 brand name food products, menu items available at 23 leading restaurants, and an array of ethnic foods. With 178 nutrients, nutrient ratios, and other food components the NCC database is larger than any other research quality food and nutrient database. It is kept current with the marketplace, with a new version released annually.

FEATURES OF THE NCC FOOD AND NUTRIENT DATABASE:

- Contains more foods and nutrients than other research quality databases (comparison table).
- Comprehensive - almost 20,000 foods including 8,000 brand name products, menu items available at 23 leading restaurants, and an array of ethnic foods.
- More nutrients and other food components than any other research quality food and nutrient database - 178 nutrients, nutrient ratios and other food components.
- Complete - almost no missing data entries for nutrient values.
- Current - ongoing additions and updates to foods and nutrients in it, with a new release annually.

View NCC Food and Nutrient Database Sample Files

Note: Files are provided as is, without an application programming interface (API).

Visit the Nutrition Coordinating Center for more information about the NCC Food and Nutrient Database.

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Category
Software & IT/Databases
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