The Savvy Caregiver Program for Alzheimer Caregiver Training

Technology #z08156

Training Videos for Alzheimer Caregivers

The Savvy Caregiver is an educational program focused on providing instructional material for Alzheimer’s and dementia caregivers. The Savvy Caregiver Program can be used by individual caregivers or in workshops facilitated by service agencies to train both family and professional Alzheimer caregivers. The program teaches the basic knowledge, skills, and attitudes needed to handle the challenges of caring for someone with Alzheimer’s disease.

To Purchase the Savvy Caregiver Program

To purchase The Savvy Caregiver Program and for technical support, contact Healthcare Interactive at (952) 928-7722 (Monday through Friday, 9:00 a.m. to 4:30 p.m. (Central Time Zone)) or by email or chat.

FEATURES OF THE SAVVY CAREGIVER PROGRAM

• Interactive DVD and instructional material—specifically designed for service providers and caregivers to help family members care for those with dementia.
• Successful in reducing caregiver distress—the Savvy Caregiver Program was tested in three unique sites and is backed by scientific research.
• Helps family members become competent Alzheimer caregivers—recognizing that this role involves the acquisition of relevant knowledge, skills, and attitudes.

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The University of Minnesota provided the fundamental research behind today’s Savvy Caregiver training program. It has been tested at three unique sites over six month periods. Results have shown that the Savvy Caregiver training program reduces Alzheimer caregiver's distress effectively.

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